**Sustainability:**

Power Supply: EVGA 850 GQ (850w)

Monitor: BenQ 24inch BL2405HT (268w)

850w + 268w = 1118w

1.118kw

8 hrs x 1118w = 8944w

8.9kw

$0.37 per kw

$0.37 x 8.9kw = $3.29

Question: Do high end PC workstations use too much power?

Well in the end I think that the answer is dependent on the person. As you can see I have the power supply of a high end PC and I absolutely love using it.